

## **Cycle of Investor Emotions**

The point of minimum fear is also the point of maximum price and risk.



The point of maximum fear is also the point of minimum price and risk.



How many of the these companies do you or your friends use the products/services of?

Do you believe that you or your friends will stop using the products/services of these companies?

Apple	Home Depot
Costco	Eli Lily
Google	Mastercard
Amazon	Verizon
Johnson & Johnson	Nestle
JP Morgan Chase	Toyota
Proctor & Gamble	Sony
United Healthcare	Samsung

This is not a recommendation to purchase or sell the stocks of the companies pictured/mentioned. Holding stocks for the long-term does not insure a profitable outcome. Investing in stocks always involves risk, including the possibility of losing one's entire investment

There is the old pilot quip that their jobs are "hours and hours of boredom punctuated by moments of sheer terror." It's the same in investing. Your success as an investor will be determined by how you respond to punctuated moments of terror. Not the years spent on cruise control.

